



# Caitlyn Brady

## Died Age 18

### Heroin

My daughter, Caitlyn, was 18 when she passed away from a heroin overdose on March 15, 2006. Cayte was your ordinary teenage girl. I could see that she was starting to make some mature choices in her life. She, unfortunately, was involved with a young man who had a history of alcohol and drug abuse.

I don't quite know what happened the day she died, but I do know she was not a heroin user. She had gone to the doctor three weeks prior for eczema on her arms and body. I miss her so much. We need to make people realize that this could happen to anyone.

~ Gayle Brady



*Remembering Lost Promise*