



Kim DuMars

Died Age 33

Heroin & Cocaine

I lost my beloved brother, Kim, in 1985, to an accidental heroin and cocaine overdose. He was 33 years old. Kim had struggled since adolescence with substance abuse, and my parents dealt with it as best they could. Kim died in a restaurant bathroom in Washington, D.C. after shooting heroin.

That summer the news reported frequent stories about deaths from “designer drugs.” We later learned from his friends that he had been trying to wean himself from heroin by using the prescription drug, Percocet. My family, including his wife, was not aware of his heroin use. The fatal overdose was a result of his anxiety about serious surgery that his wife was having. It was a tragic loss for us and we miss him terribly.

It will be 21 years on August 21st. He was a wonderful, loving, talented artist, musician, and big brother.

~ Kristine DuMars

Remembering Lost Promise