



# Adam Heitz

## Died Age 21

### Heroin

Our son, Adam, died of an accidental heroin overdose at the age of 21. Like all of the other stories I have read, we too have been jolted by a horrible tragedy related to illegal drugs.

Our oldest child of four began smoking cigarettes and using marijuana in his junior year of high school. We were shocked to find that he copied a prescription for Vicodin that he found on the table, which was written for his sister who had her wisdom teeth removed. The drug store filled a copied prescription, no problem.

When Adam went to college, his "friend" shared his Xanax. Adam suffered from depression and drug addiction and dropped out of college at the end of his freshman year at VCU. His first semester, B's, his second semester all F's. It was very obvious something terrible was going wrong. He argued with his family, wouldn't get out of bed to go to work and even stole from his own siblings in order to buy drugs.

He finally came to us in April of 2003 and said he was using heroin and he needed help. We immediately took him to the ER and went from doctor to counselor trying to get help.

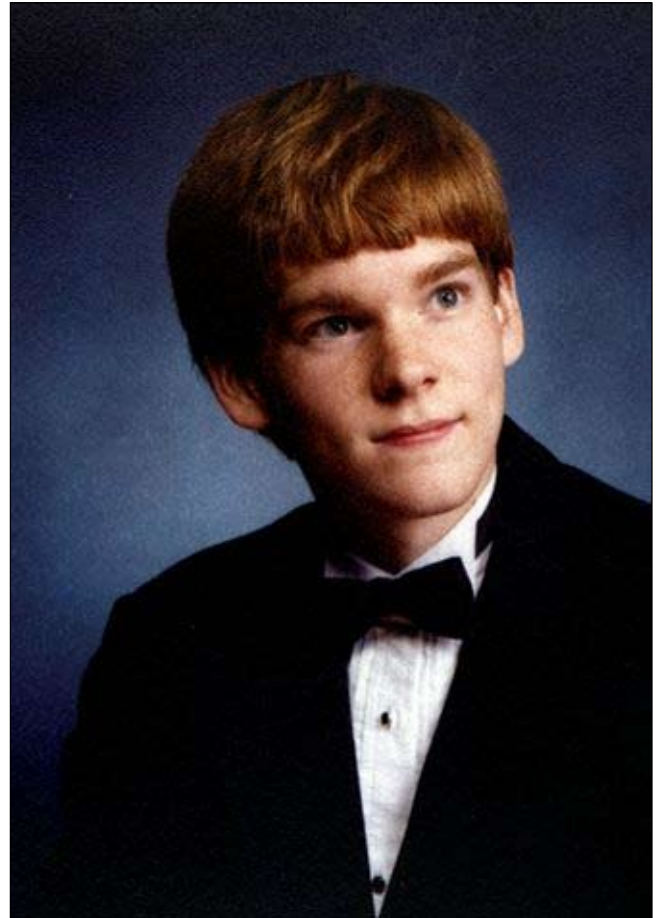
After making Adam sleep outside one evening, he agreed to go to a rehab. After 90 days of treatment, he was released on Sept. 19, 2003 and died a week later in his sleep, an accidental heroin overdose.

We continue to grieve everyday and it truly never goes away.

Adam was 21 years old and was so very talented. He was an artist and a musician. His drums and guitar have been silent for more than two years now.

We miss him terribly. We pray everyday for hope. Thank you.

Glenn and Theresa Heitz, Ashburn, VA



*Remembering Lost Promise*