



Matthew Houbrick

Died Age 45

Cocaine

My 45-year identical twin brother, Matthew Houbrick was found dead in the Drake Hotel in Chicago on November 14, 2005. He was my identical twin, my best friend, my "womb mate" and my hero. He was in Chicago working on the FOX TV series *Prison Break*.

Our entire family and I had no idea he had ever taken any drugs. I am totally devastated. I have spoken to a few groups about his death and that makes me feel good. The details surrounding his death are still unsolved. He has been portrayed throughout the world on the news and on the internet as a drug addict. His death made world-wide headlines, thanks to his position on the TV series and his death occurring at a world famous hotel. Just Google Matthew Houbrick and you will see the pain I am enduring.

There is no stronger bond than that of an identical twin. There is a relationship that is formed in the womb (thus we are womb mates) that cannot be broken. On the day Matthew died, he was in Chicago and I was in Spokane, Washington. At the exact time he was found despite being 2500 miles away, I knew something had happened. My co-workers saw a distinct black cloud surround me. My body felt as if it had lost all of its blood. My mood sank into a deep depression for no apparent reason. It was only later when I heard of Matt's death that I realized what had happened and why I felt the way I did. That's just a brief description of my loss!

~ Michael Houbrick



Remembering Lost Promise